

# COVID-19 Health and Safety Arenas



## Stay home and away from others

- If you're [showing symptoms](#) or feeling unwell
- If you have travelled outside of Canada in the past 14 days
- If you are a close contact of someone who has tested positive or are waiting for test results for COVID-19

## Masks and face coverings

Alberta Government Guidelines (AGG) recommend to wear a mask in public places where keeping a distance of 2 metres is difficult.

For example when:

- In change rooms (not part of cohort or cannot physically distance with the space provided)
- In the lobby, when unable to physically distance
- When you are traveling to other areas in the facility and are unable to physically distance.
- If you're coaching (not part of the cohort and cannot physically distance)
- If you are a spectator and the space does not allow for physically distancing

## How we are keeping you safe

- Making sure our facilities align with [provincial guidelines for Stage 2 reopening](#)
- Cleaning and disinfecting high touch areas (e.g. doors, counters, railings)
- Providing access to hand sanitizer and washrooms for hand washing.

## How you and your group can keep safe

Permit holders/organizers

- Make sure all participants understand the COVID-19 guidelines
- Ensure Contact Tracing protocols are followed for all participants & spectators connected to each booking.
- Follow your provincial and national sport governing bodies' guidelines related to COVID-19
- Limit the number of contacts between different participants by playing within set cohorts (e.g. mini-leagues or bubbles with a fixed number of participants)

- Tell participants they must bring their own water
- Collect participant contact information to support contact tracing if necessary
- Follow guidelines for [indoor and outdoor gatherings](#)
- Help coaches and instructors reinforce messages about physical distancing (2 meter's or 6 feet apart if possible) and limiting physical contact; no close contact huddles, no handshakes or high fives
- Manage your teams to spend as little time as possible in the facilities (including change rooms)
- Frequently clean and disinfect any equipment handled by hand (e.g. hockey sticks, pucks, balls)

## Participants

- Players may arrive no earlier than 30 minutes prior to your booking time and must be in the designated dressing room no later than 20 minutes prior to the booking time
- Wash your hands with soap and water before, during and after your activity
- Avoid touching your eyes, nose, mouth and face
- Cover coughs and sneezes in a tissue or your elbow
- Carry and use your own hand sanitizer
- Players should come dressed in gear as much as possible
- Bring and clean your own equipment. Avoid sharing equipment unless you are in the same household or cohort. Do not share water bottles and towels.
- Shower facilities are available; please follow the sanitization signage. Players must be out of the facility 30 minutes after the booked time. Where Provincial Sport Associations do not allow for showers, please be sure to follow their mandated direction.
- User groups are expected to maintain cohort groups in dressing rooms (don't use dressing rooms with people outside of your cohort groups)
- When your ice time is done please do not leave the dressing room until min 20 min after your booked time to allow for the group getting on the ice to exit their dressing room and be on the ice (no risk to contact in the hallways)

## Spectators

- As per the Guidance for Sport, Physical Activity and Recreation – Stage 2 Provincial documents:
  - Cheering and yelling is strongly discouraged. Clap loudly
  - Spectators are encouraged to wear face coverings when unable to keep 2 meters distance
  - Practice physical distancing in spectator areas
- Don't gather or loiter in dressing rooms, parking areas or public areas before, during or after your activity
- Spectators should stay away from dressing rooms and play surfaces unless required to support players; physical distancing guidelines should still be followed
- Leave the location as soon as your activities end to reduce overlap of bookings
- Spectator stands will not be disinfected and cleaned in between booking

- Spectator capacity is restricted based on the Alberta Government Guidelines. Groups renting the facilities are fully responsible for managing the spectator allotments during their scheduled time

<b>Arena</b>	<b>Covid Spectator Capacity per booking</b>
Canalta	100
FLC	60
Hockey Hounds	60
Kinplex I	100
Kinplex II	30
Moose	75

These guidelines are subject to change at any time.

We will communicate any changes as quickly as possible.